

## Year 1 Autumn 2023 – Term 1 – We Are What We Eat

[illegible]

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PE  KA		Games  Gymnastics	Games  Gymnastics	Games  Gymnastics	Games  Gymnastics	Games  Gymnastics	Games  Gymnastics
Letters Out and resources	PARENT HELPERS	Fruits tasting - kitchen	Vegetable tasting - kitchen Veg soup – get ingredients		Letter to parents – fruits and plate for next week	Fruits in from home for fruit salad	Bread, jam, butter